

Shanghai Experimental School International Division

Kids Menu

(Mar 19 — Mar 23,2018)

(War 19 — War 23,2016)		
Date	Day	Menu
Mar . 19	Monday	茄汁菠萝咕咾肉、雪花鸡柳、芹菜肉丝、咸肉冬瓜汤 Pineapple pork, snowflake chicken, celery shredded pork, salted meat and white gourd soup.
Mar . 20	Tuesday	培根炒饭、墨西哥卷、黑椒肉排、卷心菜、油豆腐粉丝汤 Fried rice with bacon, taco bell, black pepper steak, cabbage, bean curd soup.
Mar . 21	Wednesday	红烧肉圆、蒸饺、果酱面包、黄瓜木耳肉片、咸菜土豆汤 Braised pork buns, steamed dumplings, jam bread, sliced cucumber slices, salted vegetable and potato soup.
Mar . 22	Thursday	意大利面、烤鸡腿、炸地瓜条、蒜蓉西兰花、粟米鸡丝羹 Pasta, grilled chicken legs, Fried potato chips, garlic broccoli, corn chicken soup.
Mar . 23	Friday	照烧龙蜊鱼、炸猪排、木耳炒蛋、香菇青菜、扁尖老鸭汤 Grilled fish, fried pork chop, fungus scrambled eggs, mushroom vegetables, duck soup.