



Shanghai Experimental School International Division

Kids Menu

(Sep 30 — Oct 13, 2017)

Date	Day	Menu
Sep . 30	Saturday	黑椒牛柳、山药木耳肉片、番茄炒蛋、鲜肉月饼、扁尖老鸭汤 Black pepper beef, yam, Fried egg, meat mooncake, duck soup .
Oct . 9	Monday	虾仁炒蛋、酱鸭、骨肉相连、炒毛菜、冬瓜虾皮汤 Shrimp Fried egg, sauce duck, bone meat, stir-fried vegetables, winter melon shrimps soup
Oct . 10	Tuesday	培根炒饭、红烩牛肉、咖喱土豆鸡丁、青菜香菇、油豆腐粉丝汤 Fried rice with bacon, braised beef, curry potato chicken, vegetable mushroom, bean curd soup
Oct . 11	Wednesday	沙茶鸭片、蒸大蛋饺、烤香肠、酱烧甜椒、番茄蛋汤 Duck slices, steamed egg dumplings, grilled sausages, sauce with sweet pepper, tomato and egg soup
Oct . 13	Friday	炸猪排、番茄炒蛋、茭白毛豆肉丝、葱油萝卜汤 Fried pork chop, tomato scrambled egg, bamboo bean shredded pork, onion oil carrot soup

