



Shanghai Experimental School International Division

Kids Menu

(Sep 18— Sep 22,2017)

Date	Day	Menu
Sep . 18	Monday	蚝油牛肉、花菜肉片、酱烧鸭根、炒青菜、番茄蛋汤 Oyster sauce beef, cauliflower, sauce duck, stir-fried green vegetables, tomato and egg soup
Sep . 19	Tuesday	香橙脆皮烤鸭、什锦炒饭、茄汁豆腐肉丝、莴笋肉片、油豆腐粉丝汤 Orange crispy duck, mixed stir-fried rice, bean curd shredded pork, lettuce sliced pork, bean curd soup
Sep . 20	Wednesday	糖醋咕咾肉、百叶包肉、香菇毛豆芋艿、炒青菜、榨菜肉丝蛋汤 Sweet and sour pork, bacon, pork, taro, Fried green vegetables, Preserved vegetable mince soup
Sep . 21	Thursday	猪肉酱意大利面、烤鸡根、炸薯条、吐司、蒜蓉西兰花、粟米鸡丝羹 Pork sauce pasta, grilled chicken , French fries, toast, garlic broccoli, corn chicken soup
Sep . 22	Friday	红焖大排、番茄炒蛋、茭白毛豆肉丁、鹌鹑蛋、咸肉萝卜汤 Braised pork chop, tomato scrambled egg, bamboo bean meat, quail egg, salted turnip soup

