



Shanghai Experimental School International Division

Kids Menu

(Sep 11 — Sep 15, 2017)

Date	Day	Menu
Sep . 11	Monday	韩式烤虾、黑椒鸡块、杏鲍菇肉片、丝瓜毛豆、冬瓜虾皮汤 Roast shrimp, black pepper chicken, apricot mushroom fillet, loam beans, , and winter melon shrimps soup
Sep . 12	Tuesday	红烩肉圆、杂果吐司、咖喱鸡丁炒饭、香菇毛菜、肉丝豆腐羹 Red braised meat round, mixed fruit toast, curry chicken stir-fried rice, shiitake mushroom, pork bean curd
Sep . 13	Wednesday	炸牛排、港式虾饺、烤香肠、青椒银芽鸡丝、番茄蛋汤 Fried steak, Hong Kong shrimp dumpling, roasted sausage, green pepper silver sprout, tomato and egg soup
Sep . 14	Thursday	奶油蘑菇培根意大利面、烤鸡腿、地瓜条、西兰花、罗宋汤 Cream of mushroom bacon spaghetti, grilled chicken, ground melon, broccoli, borscht
Sep . 15	Friday	照烧鱼、山药木耳肉片、骨肉相连、葱油黄瓜、银鱼香菇羹 Sauteed fish, yam - eared meat slices, Bone meat, onion oil cucumber, silver fish mushroom soup

