



Shanghai Experimental School International Division

Kids Menu

(Dec 4 — Dec 8, 2017)

Date	Day	Menu
Dec . 4	Monday	黑椒牛柳、三鲜鱼面筋、西芹腊肉、番茄蛋汤 Black pepper beef fillet, fish gluten, celery bacon, tomato and egg soup
Dec . 5	Tuesday	茄汁咕咾肉、咖喱鸡丁炒饭、黄瓜肉丁、素三鲜、香菇鸡汤 Tomato sauce meat, curry chicken stir-fried rice, cucumber diced, plain gluten, mushroom chicken soup
Dec . 6	Wednesday	虾仁炒蛋、黑椒肉排、青椒银芽肉丝、咸肉冬瓜汤 Shrimp Fried egg, black pepper steak, green pepper bean sprout shredded pork, salted meat winter melon soup
Dec . 7	Thursday	鲜虾奶油南瓜意面、烤鸡翅、炸薯条、蒜蓉西兰花、香芋奶油浓汤 Shrimp creamy pumpkin pasta, roasted chicken wings, French fries, garlic broccoli, cream taro soup
Dec . 8	Friday	炸猪排、山药木耳肉片、番茄炒蛋、扁尖老鸭汤 Fried pork chops, yam slices, tomato scrambled egg, duck soup

