



Shanghai Experimental School International Division

Kids Menu

(Nov 13— Nov 17, 2017)

Date	Day	Menu
Nov . 13	Monday	菠萝咕咾肉、花菜肉片、酱鸭、番茄蛋汤 Pineapple pork, cauliflower, sauce duck, tomato and egg soup
Nov . 14	Tuesday	三鲜河粉、香橙烤鸭、番茄炒蛋、腊肉西芹、肉丝豆腐羹 Rice noodles, orange roast duck, tomato scrambled egg, bacon parsley, shredded pork
Nov . 15	Wednesday	红烩牛肉、咖喱土豆鸡丁、培根鲜虾时蔬、奶油蘑菇汤 Stewed beef, curry potato chicken, bacon fresh shrimp, vegetable, cream mushroom soup
Nov . 16	Thursday	肉酱意大利面、烤鸡腿、焗土豆、吐司、蒜蓉西兰花、粟米鸡丝羹 Meat sauce pasta, grilled chicken legs, baked potatoes, toast, garlic broccoli, corn chicken soup
Nov . 17	Friday	虾仁炒蛋、茭白毛豆肉丝、黄瓜肉片、猪肉玉米蒸饺、扁尖老鸭汤 Shrimp stir-fried egg, bamboo bean shredded pork, cucumber cutlets, pork corn steamed dumplings, duck soup

