



Shanghai Experimental School International Division

Kids Menu

(Oct 23 — Oct 27, 2017)

Date	Day	Menu
Oct . 23	Monday	蚝油牛肉、丝瓜毛豆肉丝、花菜木耳肉片、鹌鹑蛋、番茄蛋汤 Oyster sauce beef, towel gourd, cauliflower mullet, quail egg, tomato egg soup
Oct . 24	Tuesday	咸肉菜饭、香橙脆皮烟熏烤鸭、芹菜肉片、糖醋藕片、油豆腐粉丝汤 Bacon and rice, orange crispy smoked duck, celery meat slice, sweet and sour lotus root slice, oil bean curd soup
Oct . 25	Wednesday	红烧肉圆、蒸大蛋饺、茭白毛豆肉丝、炒青菜、冬瓜虾皮汤 Braised meatballs, steamed egg dumpling, bamboo bean shredded pork, Fried green vegetables, winter melon shrimps soup
Oct . 26	Thursday	奶培意大利面、烤鸡腿、炸薯条、蒜蓉西兰花、罗宋汤 Creamy bacon pasta, grilled chicken, French fries, garlic broccoli, borscht
Oct . 27	Friday	美国杂果肉丁、山药木耳肉片、番茄炒蛋、香肠、小排黄豆汤 American mixed fruit meat, yam, Fried egg, sausage, soybean soup

