



Shanghai Experimental School International Division

Kids Menu

(Apr 25— Apr29,2016)

Date	Day	Menu
Apr 25	Monday	虾仁炒青豆 番茄炒蛋 西芹肉片 Crispy Duck, Scrambled egg with sausage, fried diced vegetables
Apr 26	Tuesday	照烧龙利鱼 茄汁菠萝咕老肉 莴笋肉片 什锦炒饭 Roasted flatfish, Sweet&sour pineapple meatball sweet sour pork ball, lettuce with shredded pork, assorted fried rice
Apr27	Wednesday	红烧牛肉 咖喱土豆鸡丁 青椒培根 Stewed beef, curried potato with diced chicken, becon with green peppers
Apr28	Thursday	烤鸡腿, 番茄鸡丝意大利面、土豆角、法来西多士、西兰花、 Roast Chicken leg, Tomato sauce with sliced chicken pasta, Fried potato, toast, Broccoli,
Apr29	Friday	红烧大肉圆 花菜肉片 黄瓜鸡片 烤香肠 Braised porkball, broccoli with shredded meat, cucumber with shredded chicken, Roast sausage

